

City Champs 2022



Date	Sunday May 15 th , 2022 12:30pm-4:00pm
Sanction	This event is not sanctioned and times will be unofficial
Safesport	All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.
Timelines	12:30pm Arrival, check-in 1:00pm Warm-Ups 1:30pm Competition Starts 4:00pm Expected finish
Location	Saanich Commonwealth Pool 4636 Elk Lake Drive, Victoria BC
Meet Manager	Ian Mattock
Lead Coach	Grace MacDonald
Eligibility	Lightning Fast swimmers in Level 3-5 Must be able to swim 25m unassisted
Cost	\$20 per swimmer
Entry Deadline	Wednesday May 11 th , 2022
General Info	-25m events will start on the bulkhead -50m and relay events will start from the starting blocks -Prizes will be awarded to heat winners

Warm Ups	Start	Timeout
1:00 PM	1:30 PM	4:00 PM
Event Number	Event Order	
1	25 Freestyle	
2	25 Backstroke	
3	25 Freestyle Kick	
4	25 Breaststroke	
5	25 Butterfly	
6	50 Freestyle	
7	4x25 Freestyle Relay	