



## Austin Grand Prix

January 13-15, 2012

### **THIS MEET WILL BE CAPPED AT 700 SWIMMERS**

ALL Entries will be done through USA Swimming OME. Entries will open on Tuesday, November 15, 2011 at 1:00PM CST and will close as soon as the 700 swimmer cap is reached, but no later than December 15, 2011.

**Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our 2012 Austin Grand Prix. This meet is open to all USA Swimming registered swimmers and will be conducted in one 50 meter course, using Daktronics Timing System, and Hy-Tek Meet Manager software.

**Facility:** The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For the Austin Grand Prix meet the competition course *has* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**Water Depths:** The Start end is 9 feet, and the turn end is 9 feet.

**Liability:** USA Swimming, South Texas Swimming, The University of Texas, the Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

**Sanction:** This meet has been sanctioned by South Texas Swimming and 2012 rules will apply. All swimmers must be registered as athletes for 2012 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2012 USA card. Foreign athletes must notify the meet director for FINA approval prior to the meet entry deadline. Only times from properly registered USA Swimming athletes will be loaded into SWIMS.

**USA Swimming Registration:** All swimmers, coaches, and officials participating in this competition must be *currently* (2012) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. South Texas Swimming does not permit on-deck USA Swimming Registrations.

All meet personnel, coaches, officials and participating athletes will be issued credential tags. Only people with credential tags will be allowed access to the deck. Team photographers will NOT receive credential tags. Media personnel should contact the meet director about credentials.

Coaches or a named team representative may pick up their team's credential tags at the registration desk on Thursday, January 12<sup>th</sup> from 3:30-8:00 PM. The registration desk will be located on the second level of the Swim Center across from the store. Credential tags not picked up at these times will be available at Clerk of Course. Replacement credential tags will be available at a cost of \$20.00.

**Pool Schedule:**

Thursday	Pre Meet	Warm Up:	2:00-9:00PM		
Friday-Sunday	Prelims	Warm Up:	8:00-9:15AM	Start:	9:30AM
	Finals	Warm Up:	4:00-5:15PM	Start:	5:30PM

Finals will swim slowest to fastest (C,B, A) heats for all events 400 meters and lower. 800 meters and above will be timed finals. All relays will be timed finals. Session start times may be adjusted for a large meet.

**Qualifying Times:** See the order of events for qualifying times. There are separate qualifying times for bonus events. Swimmers with at least one qualifying entry may swim two bonus events. No more than two bonus events per swimmer is allowed. Times must have been earned since January 1, 2010.

**General Meeting:** Thursday, January 12 @ 7:00pm, Flag End of the pool; **Coaches are responsible for all information presented at this meeting.**

**Meet Format:** The meet will be capped 700 swimmers. **You are NOT entered in the meet unless you have checked out in OME.**

This is a prelim/final meet. The 800 and 1500 free are timed finals. On Sunday, the fastest heat of women and men electing to swim at night, will swim during finals. All other prelim/final events will have three (C, B, A) heats in finals, swimming slowest to fast. During prelims, the 800 and 1500 freestyle will swim at the end of the prelim session. The 400 IM, 400 Free, 800 Free and 1500 Free will be deck seeded and require positive check-in. All events will swim slowest to fastest in prelims. Men will finish at the Non- Flag end of the pool and women will finish at the Flag end of the pool.

Short course yard qualifying times will be seeded after LCM qualifying times, bonus times will be seeded last (LCM first then SCY).

All relays are timed finals and require positive check-in. Relay team entries must be comprised of at least one member who qualified for the meet in an individual event. Teams may enter two relays in each event. The fastest two heats of those electing to swim at night, will swim during finals. This election must be made by the 6:00 PM scratch deadline the evening before the relay swims. Relay cards are due at the start of the session in which the relay will swim.

Depending on the size of the meet, the preliminary sessions may be conducted in flights, with the fastest seven heats of events 200m or less, and the fastest five heats of 400m events in the "A" flight, and all

remaining heats in the "B" flight. "A" flights will be concluded each morning prior to beginning the "B" flights.

Foreign athletes need to contact the meet director for their entry process.

**Check-in:** Positive check-in is required for the 400 IM, 400 Free, 800 Free, 1500 Free, and all relays. Swimmers in the 800 and 1500 on Sunday must also indicate if they intend to swim in prelims or finals. Check-in deadlines are as follows:

400 Free, 400 Freestyle Relay – check-in 15 minutes after general meeting on Thursday

400 IM, 800 Freestyle Relay – check-in by 6:00 PM on Friday

W 800, M 1500 Free, 400 Medley Relay – check-in by 6:00 PM on Saturday

**Scratches:** The National Championship Scratch Rules under Article 207.12.6 will apply to this meet. Scratches are due as follows:

Friday's events – 15 minutes after the conclusion of the general meeting on Thursday

Saturday's events – 6:00 PM on Friday

Sunday's events – 6:00 PM on Saturday

**Prelims** – Any swimmer who fails to compete in an individual event in which they have been entered and have not been scratched in accordance with deadlines specified above, will be barred from all further individual and relay events of that day.

**Finals** – The top 24 swimmers in each event will swim finals. Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare an intent to scratch. Swimmers that timely indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event. Any swimmers qualifying for a C, B, or A final in an individual events who fails to complete in said final shall be barred from further competition for the remainder of the meet.

The scratch box will be located at Clerk of Course.

**Entries:** Entries will open on Tuesday, November 15th, 2011 at 1:00PM CST and will close as soon as the 700 swimmer cap is reached, but no later than December 15, 2011. Entries begun, but not checked out of OME will NOT be accepted once the meet is closed. Swimmers may enter a maximum of 3 individual events per day including time trials. Teams are limited to two relays per event.

Entries must be completed in USA Swimming's online meet entry (OME) system – [www.usaswimming.org/OME](http://www.usaswimming.org/OME). A Hy-Tek file will be available on the Longhorn Aquatics' website for running eligibility reports but teams may NOT submit entries using Hy-Tek. You are not entered in the meet until you have checked out and paid for your entries in OME. No entries will be accepted following the entry deadline if the qualifying time has already achieved in any course of that event; i.e. yards or meters. Improved seed times will not be accepted via fax or email. They must be completed on the OME system.

OME saves your entries and you can complete your entries in more than one sitting. But once you checkout, you cannot delete an entry (but you can add additional entries until the entry deadline). OME accepts Visa, MasterCard, American Express, and Discover. Coaches should register in OME to receive a deck pass.

If you have **trouble using OME**, please contact **Josh Fowler** with USA Swimming [jfowler@usaswimming.org](mailto:jfowler@usaswimming.org) or 719-866-4578 (office) 719-439-3088 (mobile).

**Entry Fees:** \$10.00 per individual event \$20.00 for relays. Refunds will not be given for any reason.

**Proof of Times:** Individual times must be submitted in actual times achieved; conversions are not permitted. The OME entry system interfaces with the USA Swimming times and membership database (SWIMS) and will provide entry times. These times are proven. Custom times will not be allowed for meet entry.

**Time Trials:** Time trials will be conducted, time permitting, between prelims and finals on Friday and Saturday. Time trials will begin 15 minutes after the conclusion of prelims. Swimmers must be entered in the meet to time trial. Time trial events count toward the daily entry limit of 3 events.

All time trials will be held in long course meters. Time trial entries for both the 800 Freestyle and the 1500 Freestyle will only be offered on Friday.

Entries for time trials will be accepted at clerk of course until 11:00AM. The order of events each day will be at the discretion of the Time Trials Referee. The entry fee is \$20.00 per individual event and \$30.00 per relay.

All times achieved in time trials will appear in published meet results.

**Scoring:** There will be no team scoring for the meet.

**Awards:** Heat winners in individual events in finals will be given a coupon that they can exchange at clerk of course for a \$10 gift certificate. NCAA athletes are not eligible for this award.

**Racing Start Proficiency: (Unaccompanied Swimmers)** Swimmers entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from in the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Meet Referee:** Bruce Stratton  
(208) 336-4953  
[bruce@strattoncpa.com](mailto:bruce@strattoncpa.com)

**Head Coach:** Doug Rusk  
(206) 291-5471  
[doug.rusk@austin.utexas.edu](mailto:doug.rusk@austin.utexas.edu)

**Meet Director:** Bridgette Rhoades  
(814) 602-8254  
[bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu)

**Longhorn Aquatics Director:** Ann Nellis  
(512) 471-7703  
[ann.nellis@austin.utexas.edu](mailto:ann.nellis@austin.utexas.edu)

**Officials:** Help from visiting officials is always welcome. All officials need to submit a completed application to work the meet to Gloria Schuldt at [schuldt@earthlink.net](mailto:schuldt@earthlink.net) by January 1, 2012, and by December 1, 2011 to be considered for an assigned position. You can locate this application at the Southern Zone website (<http://szoneswim.com/>).

All officials must attend a mandatory meeting one-hour before each session. The uniform for all preliminary sessions will be white polo shirt over khaki shorts/pants/skirt, as appropriate. The finals uniform will be navy blue polo shirt over khaki pants/skirt (NO shorts), as appropriate. All officials must be currently registered with USA Swimming and will be issued credential tags. Only persons with credential tags will be allowed access to the deck. Officials should prominently display their meet credential while on deck. Nametags are very helpful; please bring and wear yours if you have one.

**Official certification:** This meet will be a National Qualifying Meet for Officials. Officials who are interested in being evaluated need to indicate this on their application to officiate (discussed above). This meet will have senior national evaluators, making it possible to obtain "final evaluations" for N3 Stroke & Turn, N3 Chief Judge, N3 Starter, N3 Admin Referee, and N3 Referee.

**Special Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

**Swimmer Photographs:** There may be one or more photographers on deck at this meet. In the event photographers are on deck, parents or guardians of swimmers under the age of 18 who do not wish to have photographs of their athletes taken, are required to contact the Meet Director prior to the beginning of competition.

**Cell phone restrictions:** The presence and/or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Parking:** The University of Texas requires a UT permit for parking along Trinity and San Jacinto as well as C Lot 80 in front of the Swim Center. They will be charging \$12 for parking in the Trinity garage. Please go to our website, [www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics) as we get closer to the meet for more information on parking.



# January 13-15, 2012

## Ticket Prices

**Prelims:** Doors Open 8:00 AM, Meet starts 9:30 AM

Adults: \$8.00

Children 2-12 and students with an ID card \$5.00

**Finals:** Doors Open 4:00 PM, Meet starts 5:30PM

Adults: \$15.00

Children 2-12 and students with an ID card \$10.00

**All Session Pass:** \$55.00 includes Heat Sheet

Tickets will be available November 15th through the Longhorn Aquatics Store  
<http://www.utexas.edu/longhornaquatics/store.html>

Tickets are also available at the Swim Center store before and during the meet:

512-471-0422

**Cash\*Check\*MasterCard\*Visa**



## Order of Events & Qualifying Times

Friday, January 13, 2012

Event #	Women		Event	Men		Event #
	LCM	SCY		SCY	LCM	
1	1:00.19	52.89	100 Freestyle	47.09	53.99	2
3	2:44.99	2:24.29	200 Breaststroke	2:09.79	2:29.79	4
5	4:30.69	5:03.29	400 Freestyle	4:39.59	4:09.79	6
7	1:05.79	58.49	100 Butterfly	51.89	58.89	8
9			400 Freestyle Relay			10

Saturday, January 14, 2012

Event #	Women		Event	Men		Event #
	LCM	SCY		SCY	LCM	
11	5:09.69	4:33.09	400 IM	4:08.09	4:43.89	12
13	2:09.09	1:54.19	200 Freestyle	1:43.09	1:58.09	14
15	2:25.99	2:06.99	200 Backstroke	1:54.79	2:12.39	16
17	27.79	24.59	50 Freestyle	21.69	24.79	18
19			800 Freestyle Relay			20

Sunday, January 15, 2012

Event #	Women		Event	Men		Event #
	LCM	SCY		SCY	LCM	
21	2:24.19	2:07.39	200 Butterfly	1:54.89	2:10.59	22
23	1:16.79	1:06.89	100 Breaststroke	59.49	1:10.09	24
25	1:07.89	59.09	100 Backstroke	53.09	1:01.39	26
27	2:27.59	2:09.49	200 IM	1:56.29	2:13.59	28
29	9:15.99	10:21.29	800 Freestyle			
			1500 Freestyle	16:13.69	16:41.69	30
31			400 Medley Relay			32

Entries will open on Tuesday, November 15th, at 1:00pm (Central Time), through USA Swimming OME: <http://www.usaswimming.org/ome>

Due to the Olympic year, all 2011-12 USA Swimming Grand Prix events will be capped at 700 swimmers. Entries and will close as soon as the entry cap is reached.



## Bonus Qualifying Times

Friday, January 13, 2012

Event #	Women		Event	Men		Event #
	LCM	SCY		SCY	LCM	
1	1:01.39	54.09	100 Freestyle	48.39	55.49	2
3	2:54.79	2:29.00	200 Breaststroke	2:16.99	2:40.59	4
5	4:39.69	5:13.49	400 Freestyle	4:50.09	4:22.39	6
7	1:07.09	59.59	100 Butterfly	53.59	1:01.09	8
9			400 Freestyle Relay			10

Saturday, January 14, 2012

Event #	Women		Event	Men		Event #
	LCM	SCY		SCY	LCM	
11	5:22.89	4:40.79	400 IM	4:17.49	4:59.29	12
13	2:12.59	1:56.49	200 Freestyle	1:46.19	2:01.69	14
15	2:32.79	2:11.19	200 Backstroke	2:00.09	2:20.89	16
17	28.49	25.19	50 Freestyle	22.29	25.49	18
19			800 Freestyle Relay			20

Sunday, January 15, 2012

Event #	Women		Event	Men		Event #
	LCM	SCY		SCY	LCM	
21	2:34.79	2:11.99	200 Butterfly	2:01.59	2:21.09	22
23	1:20.89	1:09.99	100 Breaststroke	1:02.49	1:12.69	24
25	1:10.99	1:00.79	100 Backstroke	55.39	1:04.59	26
27	2:32.89	2:12.09	200 IM	2:00.69	2:20.39	28
29	9:30.49	10:45.89	800 Freestyle			
			1500 Freestyle	16:46.39	17:05.59	30
31			400 Medley Relay			32



**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

**I. Assigned warm-up Procedures.**

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

**II. Open warm-up procedures.**

<b>LANE USE POOL</b>	<b>PUSH/PACE</b>	<b>DIVES/SPRINTS</b>	<b>GENERAL WARMUP</b>
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

- b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Marshals must be members of United States Swimming.
- 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***





Doubletree University Area  
1617 IH-35 North  
Austin, TX 78702

RATE: \$139.00 plus tax  
Includes continental breakfast up to 4 people  
Distance: 3 blocks

Reservations via the link:

[http://doubletree.hilton.com/en/dt/groups/personalized/A/AUSIMDT-USG-20120109/index.jhtml?WT.mc\\_id=POG](http://doubletree.hilton.com/en/dt/groups/personalized/A/AUSIMDT-USG-20120109/index.jhtml?WT.mc_id=POG)

\*\*\*\*\*



Sheraton at the Capitol  
701 East 11<sup>th</sup> Street  
Austin, TX 78701

RATE: \$115.00 plus tax  
Includes breakfast for 2 people per room  
Distance: 0 .6 miles  
Parking Fees Apply

Reservations can be made by calling 1-888-627-8349 and reference the "Texas Swim Center Austin Grand Prix" group block OR via the link below:

<https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1110058212&key=C94A9>

\*\*\*\*\*



Doubletree Suites  
303 W. 15<sup>th</sup> Street  
Austin, TX 78701

RATE: \$140.00 plus tax  
Distance: 4 blocks  
Parking Fees Apply

Reservations: [http://doubletree.hilton.com/en/dt/groups/personalized/A/AUSFLDT-DPH-20120111/index.jhtml?WT.mc\\_id=POG](http://doubletree.hilton.com/en/dt/groups/personalized/A/AUSFLDT-DPH-20120111/index.jhtml?WT.mc_id=POG)



Radisson Downtown	RATE: \$119.00 plus tax
111 E. Cesar Chavez	Includes breakfast
Austin, TX 78701	Distance: 1.2 miles
	Parking Fees Apply

Reservations directly with the hotel at (512) 478-9611 and reference USA SWIMMING AUSTIN GRAND PRIX 2012 room block OR Via the internet at [www.radisson.com/austintx/](http://www.radisson.com/austintx/) using the unique promotional code **USSWIM**

\*\*\*\*\*



Crowne Plaza	RATE: \$129.00 plus tax
6121 N. IH-35	Includes breakfast
Austin, TX 78752	Distance: 3.6 miles

Reservations via calling the hotel direct and asking for the AUSTIN GRAND PRIX at 512-323-5466

\*\*\*\*\*



Drury Inn & Suites Austin North	RATE: \$94.95 - \$119.95 plus tax
6711 IH 35 North	Includes Hot Breakfast and Evening hot food/beverages
Austin, TX 78752	Distance: 3.9 miles

Reservations can be made via the link below:

<http://www.druryhotels.com/Reservations.aspx?groupno=2128829>



Embassy Suites Austin Central  
5901 N. IH-35  
Austin, TX 78723

RATE: \$119.00 plus tax  
Includes Full Cook to Order Breakfast  
Distance: 3.3 miles

Reservations: We have assigned a **group code US3** and reservations can be made by your Individual Guests via:

- 24hr reservation line 1-800-729-5711
- <http://www.austincentral.embassysuites.com>
- If you experience any problems, our Office Administrator will make the reservation. [jamice.robinson@hilton.com](mailto:jamice.robinson@hilton.com)

\*\*\*\*\*



Hampton Inn Downtown  
200 San Jacinto  
Austin, TX 78701

RATE: \$139.00 - \$149.00 plus tax  
Hot Breakfast included  
Distance: 0.5 miles  
Parking Fees Apply

Reservations via the link below:

[http://hamptoninn.hilton.com/en/hp/groups/personalized/A/AUSDTHX-USA-20120111/index.jhtml?WT.mc\\_id=POG](http://hamptoninn.hilton.com/en/hp/groups/personalized/A/AUSDTHX-USA-20120111/index.jhtml?WT.mc_id=POG)

\*\*\*\*\*



LaQuinta Inn Austin Capitol  
300 East 11<sup>th</sup> Street  
Austin, TX 78701

RATE: \$112.50 plus tax  
Hot Breakfast included  
Distance: 0.5 miles  
Parking Fees Apply

Reservations: We are requesting that your guests call our Group Reservations Department at 512-476-1166 or email requests [lq0907dos1@laquinta.com](mailto:lq0907dos1@laquinta.com). Please refer to Group Block **Austin Grand Prix**.