



FRIDAY, FEBRUARY 2 – SUNDAY, FEBRUARY 4, 2024

STAFF: Meet Managers: Kristi Williams
Cathy Shepherd-Finlin
Entries: Chris Nelson entries@eksc.com
Advisory Referee: Jennifer Flowers

DATES: Entry Deadline: Tuesday, January 16, 2024 before 11:59pm
Adjustments Deadline: Monday, January 29, 2024 before 11:59pm (fees refundable until here)
Fees Due: Friday, February 2, 2024 – by start of session.

TECHNICAL

MEETING: Coaches' Technical meeting will be held on Friday, February 2, 2024, at 8:45am at the clerk of course.

HOSTED BY: Edmonton Keyano Swim Club

FACILITY: Kinsmen Sport Centre, 9100 Walterdale Hill NW, Edmonton, Alberta, T6E 2V3
10-lane 50m with Omega Electronic Timing System with 6-lane x 25m warm up/cool down space.

DECK ACCESS: Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access will be through the northwest stairwell from the viewing level of the Kinsmen Sports Centre.

PHOTOS: Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager. Photographer accreditation is required to access the pool deck.

RULES: The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

DIVING: Starts will be conducted from Starting Platforms as per World Aquatics FR 2.3 and SW 4.1. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.

COMPETITION

READINESS: Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

SAFESPORT: All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

SWIMWEAR AT

COMPETITION: All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

ELIGIBILITY: This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

ENTRY

PROCESS: All entries must be submitted through the Swimming Canada online system.

Deck Entries may be permitted by Meet Management so long as entries include accurate Swimming Canada registration information. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact entries@eksc.com for requests for late entry with extenuating circumstances.

MEET LIMIT: Maximum of 500 swimmers will be accepted (the meet will run with a minimum of 150 swimmers).

ENTRY LIMIT: Swimmers must meet the Edmonton Open entry standard.

Swimmers may swim all events for which they qualify, plus up to 3 bonus events.

Examples: 1 Standard = Up to 4 entries (1 qualified entry + 3 bonus)
 2 Standards = Up to 5 entries (2 qualified entries + 3 bonus)
 ... etc.

There is no limit to the number of entries per swimmer that are under the entry standard.

BONUS

ENTRIES: No-time (NT) entries will not be accepted. Please provide an estimated entry time if needed.
Bonus events must be marked "Bonus" in the entry file.

COURSE

CONVERSIONS: For the purposes of qualifying, SCM times may be converted to LCM using the current Hytek conversion factor.

ENTRY FEES: Each Event: \$16.00

Entry Fees are non-refundable after the adjustment deadline.

Deck Entries will be charged double the regular entry fee.

Cheques payable to the Edmonton Keyano Swim Club

E-Transfers accepted to generalmanager@eksc.com

SCRATCHES: The Swim Alberta Scratch rule will be in effect for this competition with the following exceptions:

- Scratches for Fri Prelims: Due Thu at 5:00pm (by email to entries@eksc.com).
- Scratches for Sat & Sun Prelims: Due 30 minutes before the conclusion of the last event in the previous night's finals session.
- Scratches for Finals: Due 30 minutes before the conclusion of the last event of the prelims on the same day.
- As a courtesy we request that coaches declare any known no-shows to the clerk of the course as soon as possible and at least 30 minutes prior to the start of the session.

**ENTRY
STANDARDS:**

GIRLS		EVENTS	BOYS	
31.0	SC	50 Free	SC	28.5
31.6	LC		LC	29.1
1:07.5	SC	100 Free	SC	1:02.4
1:08.9	LC		LC	1:03.6
2:27.0	SC	200 Free	SC	2:17.7
2:30.0	LC		LC	2:20.4
5:15.6	SC	400 Free	SC	4:58.7
5:21.9	LC		LC	5:04.7
10:45.0	SC	800 Free	SC	10:24.0
10:57.9	LC		LC	10:36.5
20:09.4	SC	1500 Free	SC	19:30.0
20:33.6	LC		LC	19:53.5
35.5	SC	50 Back	SC	33.2
36.3	LC		LC	33.9
1:16.5	SC	100 Back	SC	1:11.2
1:18.0	LC		LC	1:12.6
2:45.6	SC	200 Back	SC	2:34.3
2:48.9	LC		LC	2:37.4
40.5	SC	50 Breast	SC	37.3
41.4	LC		LC	38.1
1:28.4	SC	100 Breast	SC	1:21.9
1:30.2	LC		LC	1:23.5
3:12.5	SC	200 Breast	SC	3:00.3
3:16.4	LC		LC	3:03.9
34.1	SC	50 Fly	SC	31.4
34.8	LC		LC	32.0
1:17.7	SC	100 Fly	SC	1:10.9
1:19.3	LC		LC	1:12.3
2:50.3	SC	200 Fly	SC	2:40.1
2:53.7	LC		LC	2:43.3
2:47.7	SC	200 IM	SC	2:35.6
2:51.0	LC		LC	2:38.7
5:56.3	SC	400 IM	SC	5:34.2
6:03.4	LC		LC	5:40.9

Edmonton Keyano reserves the right to enter swimmers under the entry standard.

POSITIVE

CHECK-IN: Swimmers in the 800 Free and 1500 Free must positively check-in at the Clerk of Course within 15min of the start of warm-ups. Swimmers will have 3 options: “swim as seeded”, “swim in the AM only”, or “scratch”. Failure to check-in will be deemed a scratch. There is no penalty for swimmers who do not check-in.

Once checked-in a swimmer is not entitled to scratch the event. No shows, step downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events scheduled for that day.

NO SHOWS,

STEP DOWNS: In Finals and Timed Finals events, no shows, step downs & unexcused incomplete swims will be scratched from all remaining events for that day.

WARM-UPS: Two Dive and Two Pace lanes will open for the last 20 minutes of the posted warm-ups.

MEET

FORMAT: This is an open invitational competition.

DISTANCE: Distance events are the 800 and 1500 Freestyle and will be Timed Final.
Distance events will be seeded fastest to slowest, alternating female and male.

PRELIMS: Prelims (excluding Timed Final events) will be swum senior seeded, by gender, slowest to fastest with the exception of the 400 Freestyle, which will run fastest to slowest alternating gender after the circle seeded heats.

FINALS: Finals will run female then male events in the order:
Final Four, A, B, C Final (as applicable)

All 200m and under Events	All 400m Events	All 800/1500m Events
The Final Four: Top 4 race for prizes!	The Final Four: Top 4 race for prizes!	Timed Finals: Top 10 each Gender in Finals
A Final: Next 10 B Final: Next 10 C Final: Next 10 (15&u)*	A Final: Next 10 B Final: Next 10 (15&u)*	

* C Finals for 200m and under, and B Finals for 400m events are 15&under.

SESSION**MANAGEMENT:** Meet management reserves the right to limit entries or heats due to time constraints.

Preliminaries will be flighted if deemed necessary by meet management. Updates will be communicated to coaches in the technical bulletin.

RELAYS: There are no relays at this competition.**AWARDS:** Prior to each of the "Final Four" finals, a prize wheel will be spun to decide the prizes for that particular "Final Four". A new spin will occur prior to each "Final Four".

Prior to each 800 Free & 1500 Free fastest heat, a prize wheel will be spun to decide the prizes for the entire event; all competitors in these events will be eligible for the prize. A new spin will occur prior to each fastest heat of the 800 Free & 1500 Free.

Prizes will include cash prizes and may be awarded anywhere from 1st to 4th place depending on the spin.**EVENT LIST:**

FRIDAY	SATURDAY	SUNDAY
PRELIMINARIES 8:30am W-UP 10:00am START	PRELIMINARIES 8:30am W-UP 10:00am START	PRELIMINARIES 8:30am W-UP 10:00am START
100 BREAST 50 FREE 200 IM 100 FLY 200 BACK 800 FREE	100 FREE 400 IM 50 BACK 200 FLY 50 BREAST 400 FREE	200 BREAST 50 FLY 200 FREE 100 BACK 1500 FREE
FINALS 5:00pm W-UP 6:00pm START	FINALS 5:00pm W-UP 6:00pm START	FINALS 5:00pm W-UP 6:00pm START
800 FREE (Male Top 10) 100 BREAST 50 FREE 200 IM 100 FLY 200 BACK 800 FREE (Female Top 10)	100 FREE 400 IM 50 BACK 200 FLY 50 BREAST 400 FREE	1500 FREE (Female Top 10) 200 BREAST 50 FLY 200 FREE 100 BACK 1500 FREE (Male Top 10)

