



Pool Competition 23-26 August  
Open Water Competition 27 August

Honolulu, Hawaii  
USA

**Competition Handbook**

### ***Important Facts About the Meet***

- ◆ Athletes must be 13-18 years of age as of the first day of the competition, and must be members of a non-LEN (non-European) federation.
- ◆ For the charter nations (USA, Canada, Japan, and Australia), any athlete that competed in the Olympic Games, Long Course World Championships, Commonwealth Games, and/or Pan Pacific Championships (either individually or on a relay) would NOT be permitted to swim at the Junior Pan Pacific Championships.
- ◆ All swimmers from non charter nations are eligible to compete at the Junior Pan Pacific Championships, except for those that have swum in the Olympic Games, long course World Championships, Commonwealth Games, or Pan Pacific Championships and placed in the top 16 in an individual event at one of these competitions.
- ◆ All Pan Pacific Charter Nation team lodging and meals will be provided at the JW Marriott Ihilani Resort & Spa.
- ◆ This event is subject to United States Anti-Doping and World Anti-Doping control procedures.
- ◆ Accommodations and transportation will be provided from Monday, 20 August (check-in) through Monday, 27 August (check-out).
- ◆ Each Pan Pacific Charter Nation delegation will be met at the Honolulu Airport (HNL) and transferred to the JW Marriott Ihilani Resort & Spa. Transfers from the hotel to the pool will also be provided each day. Participants from non-Charter Nations will be responsible for arranging their own ground transportation. For assistance, please contact Dean Ekeren at [dekeren@usaswimming.org](mailto:dekeren@usaswimming.org).



## Timeline

## 2012 Junior Pan Pacific Swimming Championships August 23-27, Honolulu, Hawaii, USA

|                      |  |
|----------------------|--|
| Mon 5 March          | Intent to Participate Form Due   |
| Mon 9 July           | Accommodations Forms, Travel Information Forms, and Final Payments due |
| Tue 14 August        | Deadline for Team Lists and Final Entries                              |
| Thu 16 August        | Draft Psyche Sheet available   |
| Mon 20 August        | Team accommodations and practice available                             |
| Tue 21 August        | Entry corrections due  |
| Wed 22 August        | Team Leaders Meeting and Welcome Reception                             |
| Thu-Sun 23-26 August | Pool Competition   |
| Sat 25 August        | Pan Pacific Charter Nations Meeting                                    |
| Sun 26 August        | Open Water Team Leaders Meeting  |
| Mon 27 August        | Open Water Competition   |
| Mon 27 August        | Teams depart   |



All swimmers must be members in good standing of their respective FINA member federation. Delegations may be required to obtain travel visas to the United States. If your delegation requires assistance in obtaining travel visas, please contact Dean Ekeren at [dekeren@usaswimming.org](mailto:dekeren@usaswimming.org) as soon as possible.



# Events

## 2012 Junior Pan Pacific Swimming Championships August 23-27, Honolulu, Hawaii, USA

| POOL COMPETITION<br>Thursday, 23 August through Sunday, 26 August |                                   |                            |
|---|-----------------------------------|----------------------------|
| <b>HEATS<br/>09:00</b>  |                                   |                            |
| <u>Women's Event Numbers</u>                                      |                                   | <u>Men's Event Numbers</u> |
| <b><u>Day 1 – Thursday, 23 August</u></b>                         |                                   |                            |
| 1   | 200 Meter Freestyle               | 2                          |
| 3   | 100 Meter Backstroke              | 4                          |
| 5   | 200 Meter Butterfly               | 6                          |
| 7   | 800 Freestyle (Slow Heats)        | -                          |
| -   | 1500 Meter Freestyle (Slow Heats) | 8                          |
| <b><u>Day 2 – Friday, 24 August</u></b>                           |                                   |                            |
| 9   | 100 Meter Freestyle               | 10                         |
| 11  | 100 Meter Breaststroke            | 12                         |
| 13  | 400 Meter Individual Medley       | 14                         |
| <b><u>Day 3 – Saturday, 25 August</u></b>                         |                                   |                            |
| 17  | 400 Meter Freestyle               | 18                         |
| 19  | 100 Meter Butterfly               | 20                         |
| 21  | 200 Meter Backstroke              | 22                         |
| <b><u>Day 4 – Sunday, 26 August</u></b>                           |                                   |                            |
| 25  | 200 Meter Individual Medley       | 26                         |
| 27  | 50 Meter Freestyle                | 28                         |
| 29  | 200 Meter Breaststroke            | 30                         |
| 31  | 1500 Meter Freestyle (Slow Heats) | -                          |
| -   | 800 Meter Freestyle (Slow Heats)  | 32                         |

| POOL COMPETITION<br>Thursday, 26 August through Sunday, 29 August |                                  |                            |
|---|----------------------------------|----------------------------|
| <b>FINALS<br/>17:00</b>   |                                  |                            |
| <u>Women's Event Numbers</u>                                      |                                  | <u>Men's Event Numbers</u> |
| <b><u>Day 1 – Thursday, 23 August</u></b>                         |                                  |                            |
| 1   | 200 Meter Freestyle              | 2                          |
| 3   | 100 Meter Backstroke             | 4                          |
| 5   | 200 Meter Butterfly              | 6                          |
| 7   | 800 Freestyle (Fast Heat)        | -                          |
| -   | 1500 Freestyle (Fast Heat)       | 8                          |
| <b><u>Day 2 – Friday, 24 August</u></b>                           |                                  |                            |
| 9   | 100 Meter Freestyle              | 10                         |
| 11  | 100 Meter Breaststroke           | 12                         |
| 13  | 400 Meter Individual Medley      | 14                         |
| 15  | 800 Meter Freestyle Relay        | 16                         |
| <b><u>Day 3 – Saturday, 25 August</u></b>                         |                                  |                            |
| 17  | 400 Meter Freestyle              | 18                         |
| 19  | 100 Meter Butterfly              | 20                         |
| 21  | 200 Meter Backstroke             | 22                         |
| 23  | 400 Meter Freestyle Relay        | 24                         |
| <b><u>Day 4 – Sunday, 26 August</u></b>                           |                                  |                            |
| 25  | 200 Meter Individual Medley      | 26                         |
| 27  | 50 Meter Freestyle               | 28                         |
| 29  | 200 Meter Breaststroke           | 30                         |
| 31  | 1500 Meter Freestyle (Fast Heat) | -                          |
| -   | 800 Freestyle (Fast Heat)        | 32                         |
| 33  | 400 Medley Relay                 | 34                         |

All 800 free, 1500 free and relays will be swum as timed finals, with the fastest seeded heat swum during the finals session.



## General Information

2012 Junior Pan Pacific Swimming Championships  
August 23-27, Honolulu, Hawaii, USA

### ADMINISTRATIVE INFORMATION

The championships will be governed by the 2012 FINA technical rules.

### FACILITY

Veterans Memorial Aquatic Center  
Patsy T. Mink Central Oahu Regional Park  
94-801 Kamehameha Hwy  
Waipahu, Hawaii 96797  
+1-808-677-8510

### HEADQUARTERS HOTEL

JW Marriott Ihilani Resort & Spa  
92-1001 Olani Street  
Kapolei, HI 96707  
+1-808-679-3315

### POOL EVENT REFEREE

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### LOCAL EVENT COORDINATOR

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### OPEN WATER REFEREE

Mark McCaw  
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### LOCAL OPEN WATER COORDINATOR

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**MEETING SCHEDULE**

Wednesday, 22 August, 16:00  
Team Leaders Meeting, Headquarters Hotel

Thursday, 23 August, 07:30  
Officials' Briefing, Aquatic Center

(Similar Official's meetings will be held one hour prior to each session. All Officials are required to attend)

Saturday, 25 August, 12:00  
Pan Pacific Charter Nations, Headquarters Hotel (Charter Nations representatives only)

Sunday, 26 August, 14:00  
Open Water Team Leaders Meeting, Headquarters Hotel

**TICKET INFORMATION**

Spectator admission to the event will be free.

**DIRECTIONS FROM AIRPORT TO HOTEL**

All Charter Nation teams will be met and escorted from the Honolulu Airport to the JW Marriott Ihilani Resort & Spa.

Head north on Olani St toward Aliinui Dr. Take the 1st left onto Aliinui Dr. Keep right at the fork, follow signs for Honolulu and merge onto HI-93 E/Farrington Hwy. Continue onto I-H-1 E. Take exit 8C to merge onto HI-99 N/Kamehameha Hwy. Turn left onto Ka Uka Blvd. At the traffic circle, continue straight to stay on Ka Uka Blvd. Destination will be on the right. Total distance is 13.1 miles.

**DIRECTIONS FROM HOTEL TO POOL**

A shuttle will be provided for all Charter Nation teams between the JW Marriott Ihilani Resort & Spa and the Veteran's Memorial Aquatic Center.

Head north on Olani Street toward Aliinui Drive. Take the 1st left onto Aliinui Drive. Keep right at the fork, follow signs for Honolulu and merge onto HI-93 E/Farrington Hwy. Continue onto I-H-1 E. Take exit 8C to merge onto HI-99 N/Kamehameha Hwy. Turn left onto Ka Uka Blvd. At the traffic circle, continue straight to stay on Ka Uka Blvd. Destination will be on the right. Total distance is 13.8 miles.

**DIRECTIONS FROM HOTEL TO WAIMEA BAY**

Head north on Olani Street toward Aliinui Drive. Take the 1st left onto Aliinui Drive. Keep right at the fork, follow signs for Honolulu and merge onto HI-93 East/Farrington Hwy. Continue onto I-H-1 East. Take exit 8B on the left for Interstate H2 North toward Mililani/Wahiawa. Merge onto I-H-2 North. Take exit 8 toward Wahiawa. Merge onto HI-99 North/Kamehameha Hwy. Continue onto HI-83 East/Joseph P. Leong Hwy. Total distance is ~33 miles.



**PUBLICITY**

Each federation must complete a biographical information form for each swimmer. A biographical information form is located with the entry forms. Please make copies of the form as necessary and return the completed forms with the Team Entries.

**LOCKERS**

Lockers will be available at the pool. It is suggested that athletes bring their own locks for the lockers. Lockers must be cleared daily.

**MEDICAL ASSISTANCE**

Facility Lifeguards will be on site throughout the competition, and a Physician will be on call.

**LANGUAGE SERVICES**

If a delegation requires an interpreter, please let USA Swimming know by 1 July 2012 by sending an e-mail to [dekeren@usaswimming.org](mailto:dekeren@usaswimming.org).

**CONCESSIONS**

Concessions will be available at the pool.

**HOSPITALITY**

Hospitality for federation staffs, officials, event volunteers and VIPs will be offered throughout the day at the pool.

**POOL HOURS**

|                |  |
|----------------|--|
| Mon 20 August  | 7:00am – 8:00pm  |
| Tues 21 August | 7:00am – 8:00pm  |
| Wed 22 August  | 7:00am – 8:00pm  |
| Thur 23 August | 7:00am – one hour after completion of the Finals session |
| Fri 24 August  | 7:00am – one hour after completion of the Finals session |
| Sat 25 August  | 7:00am – one hour after completion of the Finals session |
| Sun 26 August  | 7:00am – one hour after completion of the Finals session |
| Mon 27 August  | 7:00am - 4:00pm  |

**ACCREDITATION HOURS**

Accreditation may be obtained upon arrival at the JW Marriott Ihilani Resort & Spa.



## Site Information

2012 Junior Pan Pacific Swimming Championships  
August 23-27, Honolulu, Hawaii, USA

### Pool Venue

The Veterans Memorial Aquatic Center is maintained by the City & County of Honolulu. The facility opened in 2005. This site is used for as a training site and for local, national and international aquatic events. The competition pool is 50 meters by 25 meters with a movable bulkhead. The middle eight lanes of the ten-lane pool will be used for the competition. The average pool depth 9.5 feet. The warm-up pool is 25 meters by 13 meters.



### Open Water Venue

The 10K Open Water races will be conducted at Waimea Bay on the island's north shore. The 10 kilometer course will consist of six loops of a 1.66 kilometer course. Famous for huge waves during the winter months, Waimea Bay conditions for during August are expected to be excellent. Waimea Bay is approximately 33 miles from the JW Marriott Ihilani Resort & Spa, and 34 miles to Honolulu International Airport.





**Accommodations**

The Organizing Committee will make accommodation arrangements for athletes and coaches wishing to stay at the headquarters hotel. Housing and meals will be at the JW Marriott Ihilani Resort & Spa. This hotel is located about twenty minutes from the Veteran’s Memorial Aquatics Center, and approximately 20 minutes from the Honolulu International Airport (HNL). Costs include breakfast, lunch, and dinner.



Participants wishing to stay at other properties will be on their own for accommodations, meals, and ground transportation.

Costs for the Lodging/Meals at the JW Marriott Ihilani

|                  |                        |
|------------------|------------------------|
| Single Occupancy | USD \$350/night/person |
| Double Occupancy | USD \$235/night/person |
| Triple Occupancy | USD \$215/night/person |

*All accommodation requests must be submitted on the “Accommodations Form” no later than Monday, 9 July 2012. Final payment must also be submitted by this date.*

**Transportation**

Participants will arrive to the Honolulu International Airport (HNL). All delegations which submit the Travel and Accommodations Forms will be met at the airport’s baggage claim area and transported to JW Marriott Ihilani Resort & Spa.

Charter bus service shall be provided at no charge to the Pan Pacific Charter Nations from the JW Marriott Ihilani Resort & Spa to the Veteran’s Memorial Aquatic Center beginning Monday, 20 August.

Non-Charter Nations will be responsible for any costs associated with ground transportation.



## MEETINGS

All competitors must be represented by their team leaders at the Team leader Meeting. All Officials certified to officiate are required to attend the Official's briefings.

## ENTRIES

A list of entries will be available to every Federation at the Technical Meeting or the Clerk of Course. Corrections, errors and withdrawals must be reported within one half hour following the conclusion of the Team Leaders' Meeting. Entry times for the 800m and 1500m freestyles must be from the preceding twelve month period.

1. Each country may enter an unlimited number of swimmers in the heats in each event.
2. In events that are timed finals, a maximum of two (2) swimmers per country are permitted to swim in the fastest heat of that event.
3. In events that are timed finals and have eight (8) swimmers or less entered in the entire event, a country will be permitted to have more than two swimmers in the fastest heat. These additional swimmers will be seeded behind all swimmers conforming to the two per country rule, in one of the outside lanes of the heat. These swimmers do not have to be designated prior to the race, but only the fastest two swimmers from any one country will be permitted to score in the top eight (8).
4. In events that have heats and finals, a maximum of two (2) swimmers per country are permitted to advance to the finals.
5. In events when A and B Finals are conducted, only two (2) swimmers per nation shall be allowed to qualify for the A Finals. When one nation has qualified

more than two (2) swimmers for an A final event, only the fastest two (2) swimmers (after scratches) shall advance. If a country has two (2) athletes in the A Final, that country may only qualify one (1) additional athlete to the B Final. If the country has only one (1) athlete in the A Final, that country may have up to two (2) athletes in the B Final. Example;

*In the 100 Backstroke, Country XYZ has athletes qualify 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup> and 7<sup>th</sup> in the morning heats. For the finals, the athletes who qualified 1<sup>st</sup> and 2<sup>nd</sup> will swim in the A Final. The athlete who qualified 4<sup>th</sup> will swim in the B Final, and the athlete who qualified 7<sup>th</sup> will not swim in either the A or B Finals.*

## OTHER ENTRY ISSUES

1. If B Finals are swum, and there are not eight (8) athletes in that heat (due to #5 above), that heat may be filled by the 4th, 5th, etc. athlete from a particular country, based on preliminary times.

Example: There are 14 athletes entered in an event, which will mean that the B final will not be full. If Country XYZ has four athletes in that event, the 4th fastest from Country XYZ will be permitted to swim in an outside lane in the B final. These athletes may not count in the team score.

2. Each country may enter up to one relay team in each relay event to swim in the final heat and count toward the team



score. Countries may also enter a “B” relay that will swim in a preceding heat. These “B” relays may not score points and are not eligible for medals. All relays will be swum with the finals session.

3. Semifinals will not be held in this meet.
4. The 50 Backstroke, 50 Breaststroke and 50 Butterfly will not be conducted.
5. The 400 Freestyle and 400 Individual Medley will have heats and finals.
6. Timed finals will be conducted for the 800 Freestyle and 1500 Freestyle and all relays.
7. Early heats of the 800 and 1500 Freestyle events will be swum at the end of the preliminary heats on that day, fastest to slowest, alternating women and then men. The fastest timed final heat will be swum with the finals.
8. The maximum team size will be 46, broken down as 20 men and 20 women (40 total) for the pool competition and 3 men and 3 women (6 total) for the open water race. Pool swimmers may swim in the open water race and open water swimmers may swim in pool events.

**WARM-UPS**

Warm-ups will be allowed at the main competition pool until fifteen (15) minutes before the beginning of each swimming session (heats or finals). Warm-ups may be continued at the warm-up pool.

The competition pool will be available for warm-ups prior to each final session to swimmers qualified for final events scheduled for that session only. Team Leaders allowed on the competition pool deck during these warm-ups are requested to instruct their competitors not participating in the final sessions to use the warm-up pool for their warm-ups.

**DISTANCE EVENTS**

The 800m freestyle and 1500m freestyle events will be swum as timed finals with the fastest seeded heat swum at night and all other heats swum during preliminaries.

**RELAYS**

The names of the swimmers for relay events, either in heats or final sessions, must be submitted to the Clerk of Course no later than one (1) hour before the start of the session in which the relay takes place. All relays will be swum as timed finals in the evening sessions.

Relay entry forms, available from the Clerk of Course, should be presented with the names of swimmers in the order that they are to participate. In case of medley relay events, names of swimmers should be reported in the styles they are to participate.

Only one team per nation shall be permitted to compete in relay events.



**WITHDRAWALS**

In order to properly seed heats, Team Leaders must present withdrawals to the Clerk of Course within one half hour following the conclusion of the team leaders Meeting at 16:00 on Wednesday, 22 August. Additional withdrawals from the heats must be made in writing at least one hour before the session. Withdrawals from finals must be communicated to the Meet Referee within thirty (30) minutes following the preliminary in which the qualification took place.

Cooperation is requested from all Team Leaders to permit proper seeding and replacement of withdrawn swimmers.

**AWARDS**

A team trophy will be given to the country that scores the most points based on the following scoring system:

- ◆ Individual Events: 9-7-6-5-4-3-2-1
- ◆ Relay Events: 18-14-12-10-8-6-4-2
- ◆ A team trophy will be given for the highest scoring team (men and women combined) in pool swimming.
- ◆ A team trophy will be given for the highest scoring team (men and women combined) in open water swimming.
- ◆ A medal count will also be kept.
- ◆ A medal presentation will take place for all events, with a gold, silver and bronze medal awarded to 1st, 2nd and 3rd place.

- ◆ An award will be given to the Swimmer of the Meet – one for male and one for female.
  - The first priority for each gender for the Swimmer of the Meet will be a world record. If there is more than one world record in that gender, the Swimmer of the Meet will go to the athlete whose world record scores the highest amount on the SwimNews.com performance points table. If two or more world records score the same amount of points on the performance points table, the award will be shared.
  - If there are no world records for that gender at the meet, the Swimmer of the Meet will be awarded to the athlete whose single swim scores the highest amount of points on the SwimNews.com performance tables.
  - If the above method yields a tie between two athletes, these athletes will share the award.

**DOPING CONTROL**

Doping control tests will be conducted at the Junior Pan Pacific Championships following FINA rules.



**10 Kilometer Open Water Championship  
Monday, 27 August**

Entry Information

- ◆ Final entries must be received by 14 August 2012

ALL ENTRIES MUST BE MADE ON THE OFFICIAL FORM.

Venue: Pacific Ocean at Waimea Bay Marine, near Honolulu.

Race Time: Monday, 27 August, 09:00

Rules: 2012 FINA Open Water Swimming rules will govern this competition.

Pre-race meeting: All participants must be represented at a pre-race meeting on Sunday, 26 August at 14:00 at the JW Marriott Ihilani Resort & Spa.

Publicity: Each federation must complete a biographical information form for each swimmer. A biographical information form is located with the entry forms. Please make copies of the form as necessary and return the completed forms with the Team Entries.

Scoring: Open Water will be scored but this scoring will be separate from the pool competition. If more than two athletes are entered in each event per country, the scoring will only be for the top two athletes from each country.

Awards: Medals will be presented immediately following the finish of the top 3 places (men and women).



(as of August 30, 2010 - all times in long course meters)

| <u>EVENT</u> | <u>WOMEN</u>   | <u>MEN</u>  |
|--------------|--|---|
| 50 Free      | Yolane Kukla, AUS<br>24.74<br>Maui – August 2010           | Te Haumi Maxwell, AUS<br>22.48<br>Maui – August 2010    |
| 100 Free     | Yolane Kukla, AUS<br>54.69<br>Maui – August 2010           | Daniel Smith, AUS<br>49.65<br>Guam – January 2009       |
| 200 Free     | Dagny Knutson, USA<br>1:57.73<br>Guam – January 2009       | Clay Youngquist, USA<br>1:48.44<br>Maui – August 2010   |
| 400 Free     | Chelsea Chenault, USA<br>4:10.79<br>Maui – August 2010     | Nicholas Caldwell, USA<br>3:50.51<br>Maui – August 2010 |
| 800 Free     | Lauren Driscoll, USA<br>8:34.48<br>Maui – August 2010      | Ryan Napoleon, AUS<br>7:58.66<br>Guam – January 2009    |
| 1500 Free    | Stephanie Williams, AUS<br>16:18.12<br>Maui – January 2005 | Evan Pinion, USA<br>15:17.09<br>Maui – August 2010      |
| 100 Back     | Sayaka Akase, JPN<br>1:00.82<br>Maui – August 2010         | Gareth Kean, NZL<br>54.89<br>Maui – August 2010         |
| 200 Back     | Sayaka Akase, JPN<br>2:09.68<br>Maui – August 2010         | Gareth Kean, NZL<br>1:57.78<br>Maui – August 2010       |
| 100 Breast   | Tessa Wallace, AUS<br>1:07.99<br>Maui – August 2010        | Nicholas Schafer, AUS<br>1:01.92<br>Maui – August 2010  |
| 200 Breast   | Rebecca Kemp, USA<br>2:26.47<br>Maui – August 2010         | Akihiro Yamaguchi, JPN<br>2:13.43<br>Maui – August 2010 |
| 100 Fly      | Rino Hosoda, JPN<br>58.72<br>Maui – August 2010            | Daniel Bell, NZL<br>52.37<br>Guam – January 2009        |
| 200 Fly      | Natsuki Akiyama, JPN<br>2:09.48<br>Maui – January 2007     | Jayden Hadler, AUS<br>1:57.47<br>Maui – August 2010     |



(Continued)

| <u>EVENT</u>     | <u>WOMEN</u>  | <u>MEN</u>  |
|------------------|---|---|
| 200 IM           | Dagny Knutson, USA<br>2:10.79<br>Guam – January 2009                                    | David Nolan, USA<br>2:00.61<br>Maui – August 2010   |
| 400 IM           | Dagny Knutson, USA<br>4:40.10<br>Guam – January 2009                                    | Mitch Larkin, AUS<br>4:16.07<br>Maui – August 2010  |
| 400 Medley Relay | USA<br>(M. White, M. Olsen<br>K. Naze, L. Neal)<br>4:03.73<br>Maui – August 2010        | USA<br>(K. Darmody, M. Elliott<br>D. Nolan, C. Youngquist)<br>3:38.44<br>Maui – August 2010         |
| 400 Free Relay   | USA<br>(L. Neal, J. Tosky<br>M. Schaefer, C. Chenault)<br>3:40.97<br>Maui – August 2010 | Australia<br>(T. D'Orsogna, H. McEvoy<br>R. Napoleon, D. Smith)<br>3:19.72<br>Guam – January 2009   |
| 800 Free Relay   | USA<br>(A. Taylor, S. Tucker<br>C. Breed, D. Knutson)<br>7:58.26<br>Guam – January 2009 | Australia<br>(D. Smith, T. D'Orsogna<br>N. McKendry, R. Napoleon)<br>7:17.79<br>Guam – January 2009 |

