

## UVic - Pacific Coast Swimming Assoc.

## RECORDS VIR Record

## SC Meters-Female

10 & U	50 Free	29.16	<b>14-Oct-15</b>	RAC	Camryn Stannard
	100 Free	1:04.56	<b>14-Dec-13</b>	ISC	Asia Minnes
	200 Free	2:18.87	<b>6-Dec-13</b>	ISC	Asia Minnes
	400 Free	4:49.42	<b>7-Dec-13</b>	ISC	Asia Minnes
	800 Free	9:57.45	<b>17-Jan-14</b>	UN-BC	Asia Minnes at VIR SC Championships 2014
	1500 Free	20:44.62	<b>30-May-03</b>	UVPCS	Alyssa Bakken
	50 Back	32.44	<b>31-Jan-14</b>	UN-BC	Asia Minnes at 2014 Swim BC AAA Short Course Age Group Champ
	100 Back	1:08.81	<b>8-Dec-13</b>	ISC	Asia Minnes
	200 Back	2:29.48	<b>31-Jan-14</b>	UN-BC	Asia Minnes at 2014 Swim BC AAA Short Course Age Group Champ
	50 Breast	36.62	<b>26-Oct-13</b>	IS	Asia Minnes
	100 Breast	1:19.47	<b>19-Oct-13</b>	IS	Asia Minnes
	200 Breast	2:55.82	<b>15-Dec-13</b>	ISC	Asia Minnes
	50 Fly	33.45	<b>15-Oct-15</b>	RAC	Camryn Stannard
	100 Fly	1:14.37	<b>8-Dec-13</b>	RAC	Sophie Lorette
	200 Fly	2:43.79	<b>7-Dec-13</b>	RAC	Sophie Lorette
	100 IM	1:20.49	<b>16-Dec-11</b>	LCSC	Faith Knelson
	200 IM	2:33.16	<b>8-Nov-13</b>	ISC	Asia Minnes
	400 IM	5:23.96	<b>8-Dec-13</b>	ISC	Asia Minnes
	200 Free Relay	2:06.57	<b>17-Jan-16</b>	UVPCS	
	200 Medley Relay	2:36.55	<b>19-Jan-07</b>	IS	M Kendal, L Su, H Bradley, J McLeod
11-12	50 Free	27.09	<b>16-Feb-14</b>	LCSC	Faith Knelson
	100 Free	58.36	<b>4-Mar-17</b>	RAC	Camryn Stannard at SwimBC SC AAA Championships
	200 Free	2:07.27	<b>5-Mar-17</b>	RAC	Camryn Stannard at SwimBC SC AAA Championships
	400 Free	4:34.48	<b>11-Dec-10</b>	VASC	Madison Powell
	800 Free	9:25.82	<b>13-Dec-09</b>	UVPCS	Caileigh Filmer
	1500 Free	17:53.12	<b>11-Dec-09</b>	UVPCS	Caileigh Filmer
	50 Back	30.53	<b>16-Jan-17</b>	UVPCS	Hana Edwards
	100 Back	1:04.20	<b>1-Apr-15</b>	UVPCS	Hana Edwards
	200 Back	2:18.39	<b>11-Nov-05</b>	UVPCS	Alyssa Bakken - Cdn. record
	50 Breast	33.07	<b>15-Feb-14</b>	LCSC	Faith Knelson
	100 Breast	1:11.70	<b>14-Feb-14</b>	LCSC	Faith Knelson - BC Record
	200 Breast	2:40.24	<b>30-Jul-14</b>	LCSC	Faith Knelson at East West Youth Dual
	50 Fly	29.23	<b>5-Mar-15</b>	UVPCS	Jessica Luo at 2015 Swim BC SC AAA Age Group Championships
	100 Fly	1:04.42	<b>5-Mar-17</b>	RAC	Camryn Stannard at SwimBC SC AAA Championships
	200 Fly	2:25.24	<b>5-Mar-15</b>	UVPCS	Jessica Luo at 2015 Swim BC SC AAA Age Group Championships
	100 IM	1:06.55	<b>29-Jul-14</b>	LCSC	Faith Knelson at East West Youth Dual
	200 IM	2:23.25	<b>3-Mar-17</b>	RAC	Camryn Stannard at SwimBC SC AAA Championships
	400 IM	5:00.20	<b>11-Nov-05</b>	UVPCS	Alyssa Bakken - BC record
	200 Free Relay	1:54.67	<b>25-Jan-15</b>	CRKW	J Skuse, L Forsyth, E Stapff, J. Wellard - BC Record
	400 Free Relay	4:20.53	<b>1-Mar-07</b>	IS	N Ellis, J Mann, H Dennett, R Langlois
	800 Free Relay	9:27.79	<b>2-Feb-06</b>	IS	S Smilowski, V Loewen, H Wille, R Fellner
	200 Medley Relay	2:04.98	<b>4-Dec-15</b>	UVPCS	
	400 Medley Relay	4:45.88	<b>11-Jan-15</b>	UVPCS	H Edwards, L Rincon, S Lorette, J Luo
13-14	50 Free	25.93	<b>5-Mar-17</b>	UVPCS	Jessica Luo at SwimBC SC AAA Championships
	100 Free	56.34	<b>4-Mar-17</b>	UVPCS	Jessica Luo at SwimBC SC AAA Championships
	200 Free	2:00.97	<b>5-Mar-17</b>	UVPCS	Jessica Luo at SwimBC SC AAA Championships
	400 Free	4:15.51	<b>1-Jan-90</b>	IS	Nikki Dryden

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## RECORDS VIR Record

13-14	800 Free	8:44.54	<b>1-Jan-90</b>	IS	Nikki Dryden
	1500 Free	17:06.81	<b>9-Dec-05</b>	UVPCS	Nicole Crawford
	50 Back	28.34	<b>16-Dec-16</b>	IS	Jade Hannah at Ontario Junior International
	100 Back	1:00.38	<b>12-Nov-16</b>	IS	Jade Hannah at ISC Bennett Cup
	200 Back	2:08.71	<b>18-Dec-16</b>	IS	Jade Hannah at Ontario Junior International
	50 Breast	32.40	<b>15-Nov-15</b>	LCSC	Faith Knelson
	100 Breast	1:08.83	<b>5-Mar-16</b>	LCSC	Faith Knelson at SwimBC SC AAA Championships
	200 Breast	2:30.70	<b>13-Feb-14</b>	UVPCS	Jordan Andrusak at 2014 Speedo Western Canadian Championships
	50 Fly	26.81	<b>17-Dec-16</b>	ISC	Jade Hannah at Ontario Junior International
	100 Fly	59.43	<b>16-Dec-16</b>	ISC	Jade Hannah at Ontario Junior International
	200 Fly	2:14.57	<b>17-Dec-16</b>	IS	Jade Hannah at Ontario Junior International
	100 IM	1:05.99	<b>18-Dec-15</b>	LLSC	Faith Knelson
	200 IM	2:16.31	<b>16-Feb-14</b>	ISC	Sarah Darcel - BC Record
	400 IM	4:47.55	<b>13-Feb-14</b>	UVPCS	Jordan Andrusak at 2014 Speedo Western Canadian Championships
	200 Free Relay	1:47.52	<b>12-Mar-16</b>	UVPCS	J Luo, L Chen, S Lorette, G MacDonald
	400 Free Relay	3:49.23	<b>14-Jan-17</b>	UVPCS	
	800 Free Relay	8:31.81	<b>29-Jan-17</b>	UVPCS	J Luo, S Lorette, H Edwards, G MacDonald
	200 Medley Relay	1:59.23	<b>2-Dec-16</b>	UVPCS	
	400 Medley Relay	4:21.96	<b>3-Mar-16</b>	UVPCS	
15-17	50 Free	26.02	<b>12-Nov-16</b>	ISC	Faith Knelson at ISC Bennett Cup
	100 Free	55.01	<b>18-Dec-16</b>	ISC	Sarah Darcel
	200 Free	1:56.56	<b>12-Nov-16</b>	ISC	Mackenzie Padington
	400 Free	4:07.07	<b>17-Dec-16</b>	ISC	Mackenzie Padington at Ontario Junior International
	800 Free	8:31.65	<b>1-Jan-93</b>	IS	Nikki Dryden
	1500 Free	16:32.18	<b>4-Dec-15</b>	UVPCS	Molly Gowans
	50 Back	27.09	<b>15-Dec-17</b>	ISC	Jade Hannah at Ontario Junior International
	100 Back	58.22	<b>16-Dec-17</b>	ISC	Jade Hannah at Ontario Junior International
	200 Back	2:06.65	<b>17-Dec-17</b>	ISC	Jade Hannah at Ontario Junior International
	50 Breast	31.18	<b>18-Dec-16</b>	ISC	Faith Knelson at Ontario Junior International
	100 Breast	1:06.06	<b>15-Dec-17</b>	ISC	Faith Knelson at Ontario Junior International
	200 Breast	2:24.23	<b>17-Dec-16</b>	ISC	Sarah Darcel at Ontario Junior International
	50 Fly	27.23	<b>21-Oct-17</b>	ISC	Jade Hannah at 2017 October Senior Circuit SC
	100 Fly	59.78	<b>15-Dec-17</b>	ISC	Jade Hannah at 2017 October Senior Circuit SC
	200 Fly	2:11.80	<b>17-Dec-16</b>	ISC	Sarah Darcel at Ontario Junior International
	100 IM	1:00.06	<b>8-Dec-16</b>	ISC	Sarah Darcel at FINA: 13th World Short Course Championships
	200 IM	2:07.78	<b>18-Dec-16</b>	ISC	Sarah Darcel at Ontario Junior International
	400 IM	4:29.20	<b>16-Dec-16</b>	ISC	Sarah Darcel at Ontario Junior International
	200 Free Relay	1:46.44	<b>11-Nov-16</b>	ISC	M Gowans, J Ryan, B Lamoureux, M Padington
	400 Free Relay	3:41.22	<b>17-Dec-16</b>	ISC	F Knelson, M Gowans, M Padington, S Darcel
	800 Free Relay	7:55.90	<b>16-Dec-16</b>	ISC	S Darcel, M Gowans, F Knelson, M Padington
	200 Medley Relay	1:57.90	<b>2-Mar-17</b>	UVPCS	J Andrusak, S Tarrant, A Ballantyne, J Luo
	400 Medley Relay	4:01.58	<b>16-Dec-16</b>	ISC	M Gowans, F Knelson, J Hannah, S Darcel
15 & O	50 Free	24.06	<b>1-Jan-02</b>	DST	Alison Sheppard
	100 Free	53.75	<b>1-Jan-02</b>	DST	Alison Sheppard
	200 Free	1:56.43	<b>16-Dec-16</b>	IS	Mackenzie Padington at Ontario Junior International
	400 Free	4:05.72	<b>27-Nov-10</b>	IS	Alexa Komarnycky
	800 Free	8:31.65	<b>1-Jan-93</b>	IS	Nikki Dryden
	1500 Free	16:18.22	<b>7-Dec-07</b>	UVPCS	Karley Stutzel - BC recordx
	50 Back	26.85	<b>22-Feb-18</b>	UVIC	Danielle Hanus at 2018 U Sports Championships
	100 Back	57.71	<b>24-Feb-18</b>	UVIC	Danielle Hanus at 2018 U Sports Championships

**UVic - Pacific Coast Swimming Assoc.****RECORDS VIR Record**

15 & O	200 Back	2:06.65	<b>17-Dec-17</b>	ISC	Jade Hannah at Ontario Junior International
	50 Breast	31.18	<b>18-Dec-16</b>	ISC	Faith Knelson at Ontario Junior International
	100 Breast	1:06.06	<b>15-Dec-17</b>	ISC	Faith Knelson at Ontario Junior International
	200 Breast	2:24.23	<b>17-Dec-16</b>	ISC	Sarah Darcel at Ontario Junior International
	50 Fly	26.81	<b>17-Dec-16</b>	UVPCS	MacKenzie Downing - BC record
	100 Fly	58.24	<b>22-Feb-18</b>	UVPCS	Danielle Hanus at 2018 U Sports Championships
	200 Fly	2:08.43	<b>26-Nov-10</b>	UVPCS	MacKenzie Downing
	100 IM	1:00.06	<b>8-Dec-16</b>	ISC	Sarah Darcel at FINA: 13th World Short Course Championships
	200 IM	2:07.78	<b>18-Dec-16</b>	ISC	Sarah Darcel at Ontario Junior International
	400 IM	4:29.20	<b>16-Dec-16</b>	IS	Sarah Darcel at Ontario Junior International
	200 Free Relay	1:45.73	<b>13-Oct-15</b>	ISC	
	400 Free Relay	3:41.22	<b>17-Dec-16</b>	ISC	F Knelson, M Gowans, M Padington, S Darcel
	800 Free Relay	7:55.90	<b>16-Dec-16</b>	ISC	S Darcel, M Gowans, F Knelson, M Padington
	200 Medley Relay	1:56.65	<b>14-Nov-16</b>	ISC	
	400 Medley Relay	4:01.58	<b>16-Dec-16</b>	ISC	M Gowans, F Knelson, J Hannah, S Darcel

**UVic - Pacific Coast Swimming Assoc.**

**RECORDS VIR Record**

**SC Meters-Male**

10 & U	50 Free	29.98	<b>5-Mar-17</b>	UVPCS	Nolan Crisp at SwimBC SC AAA Championships
	100 Free	1:07.52	<b>7-Mar-10</b>	COMOX	Ben Neufeld
	200 Free	2:22.79	<b>1-Jan-02</b>	IS	Craig Dagnall
	400 Free	4:55.46	<b>1-Nov-01</b>	NRST	Willem Hergesheimer
	800 Free	10:49.49	<b>1-Feb-06</b>	CRKW	Carter Gorjeu
	1500 Free	18:41.93	<b>1-Jan-89</b>	IS	Michael Calkins
	50 Back	33.33	<b>4-Mar-17</b>	UVPCS	Nolan Crisp at SwimBC SC AAA Championships
	100 Back	1:11.36	<b>3-Mar-17</b>	UVPCS	Nolan Crisp at SwimBC SC AAA Championships
	200 Back	2:36.01	<b>4-Mar-17</b>	UVPCS	Nolan Crisp at SwimBC SC AAA Championships
	50 Breast	38.78	<b>16-Mar-13</b>	UVPCS	Michael Schmidt
	100 Breast	1:23.35	<b>3-Mar-13</b>	UVPCS	Michael Schmidt
	200 Breast	2:56.73	<b>2-Mar-13</b>	UVPCS	Michael Schmidt
	50 Fly	33.53	<b>2-Dec-16</b>	UVPCS	Nolan Crisp at 14th ANNUAL PCS XMAS CRACKER
	100 Fly	1:13.18	<b>5-Mar-17</b>	UVPCS	Nolan Crisp at SwimBC SC AAA Championships
	200 Fly	2:51.70	<b>1-Jan-02</b>	IS	Craig Dagnall
	100 IM	1:14.99	<b>1-Jun-14</b>	UVPCS	Dylan Kormendy at 2014 PCS Sunday Race Day Series Meet #4
	200 IM	2:39.21	<b>31-Jan-14</b>	UVPCS	Dylan Kormendy at 2014 Swim BCAA SC Championships
	400 IM	5:45.68	<b>1-Nov-01</b>	NRST	Willem Hergesheimer
	200 Free Relay	1:58.02	<b>25-Jan-18</b>	ISC	A Pang, A Saxon, N Weaver, W Zielinski
	200 Medley Relay	2:36.61	<b>1-Jan-95</b>	DST	
11-12	50 Free	25.69	<b>1-Jan-92</b>	IS	Michael Calkins
	100 Free	57.69	<b>1-Jan-91</b>	IS	Michael Calkins - BC record
	200 Free	2:05.64	<b>1-Jan-99</b>	IS	Justin Pommerville - BC record
	400 Free	4:29.97	<b>1-Jan-99</b>	IS	Justin Pommerville
	800 Free	9:24.53	<b>1-Jan-99</b>	IS	Justin Pommerville
	1500 Free	17:38.49	<b>1-Jan-99</b>	IS	Justin Pommerville
	50 Back	31.15	<b>7-Jan-12</b>	TBC	Ben Neufeld at 2012 Pacific Coast All-Star Meet
	100 Back	1:05.35	<b>1-Jan-99</b>	IS	Justin Pommerville
	200 Back	2:18.21	<b>1-Jan-99</b>	IS	Justin Pommerville - BC record
	50 Breast	32.73	<b>4-Mar-16</b>	UVPCS	Brendan Fitzpatrick at SwimBC SC AAA Championships
	100 Breast	1:11.02	<b>5-Mar-16</b>	UVPCS	Brendan Fitzpatrick at SwimBC SC AAA Championships
	200 Breast	2:34.74	<b>1-Jan-95</b>	IS	Ken Hamilton
	50 Fly	30.11	<b>20-Jul-15</b>	UVPCS	Keir Ogilvie
	100 Fly	1:02.37	<b>1-Jan-92</b>	IS	Michael Calkins - BC record
	200 Fly	2:23.56	<b>1-Jan-95</b>	IS	Ken Hamilton
	100 IM	1:11.79	<b>1-Jan-89</b>	CRKW	Tony Roberts
	200 IM	2:22.29	<b>1-Jan-05</b>	TYEE	Thomas Dew-Jones
	400 IM	5:02.38	<b>1-Jan-96</b>	IS	Ken Hamilton
	200 Free Relay	1:50.43	<b>1-Jan-05</b>	IS	J Bagshaw, J Shan, K Zanatta, T Dew-Jones - BC record
	400 Free Relay	4:24.01	<b>1-Mar-07</b>	IS	J Saunders, M Loewen, T Forsyth, P Graham
800 Free Relay	9:11.24	<b>2-Feb-06</b>	IS	K Zanatta, T Milne, B Powell, P Graham - BC record	
200 Medley Relay	2:08.74	<b>3-Feb-05</b>	IS	J Bagshaw, T Dew-Jones, J Shan, K Zanatta	
400 Medley Relay	4:47.17	<b>3-Mar-16</b>	UVPCS		
13-14	50 Free	24.79	<b>1-Jan-93</b>	IS	Michael Calkins
	100 Free	53.96	<b>1-Mar-07</b>	IS	Jeremy Bagshaw
	200 Free	1:57.30	<b>13-Feb-14</b>	ISC	Philippe Vellacott
	400 Free	4:06.26	<b>1-Jan-97</b>	IS	Jesse Jacks

## UVic - Pacific Coast Swimming Assoc.

## RECORDS VIR Record

13-14	800 Free	8:24.87	7-Nov-08	CRKW	Alec Page - BC record
	1500 Free	16:13.74	1-Mar-07	IS	Jeremy Bagshaw - XBC record
	50 Back	27.00	15-Feb-14	COMOX	Ben Neufeld
	100 Back	58.31	15-Feb-14	COMOX	Ben Neufeld
	200 Back	2:07.64	15-Feb-14	COMOX	Ben Neufeld
	50 Breast	30.98	4-Mar-16	UVPCS	Michael Schmidt at SwimBC SC AAA Championships
	100 Breast	1:05.25	4-Mar-17	UVPCS	Michael Schmidt at SwimBC SC AAA Championships
	200 Breast	2:23.12	5-Mar-17	UVPCS	Michael Schmidt at SwimBC SC AAA Championships
	50 Fly	26.86	17-Feb-11	UVPCS	Ryan Howe at Speedo Western Canadian Championships
	100 Fly	58.03	5-Mar-17	UVPCS	Kier Ogilvie at SwimBC SC AAA Championships
	200 Fly	2:10.05	1-Jan-97	IS	Jesse Jacks
	100 IM	1:04.26	10-Jan-15	ISC	Brian Ni
	200 IM	2:12.14	1-Jan-05	RAC	Willem Hergesheimer
	400 IM	4:41.54	14-Feb-14	COMOX	Ben Neufeld
	200 Free Relay	1:42.06	3-Dec-16	UVPCS	M Schmidt, A Gutierrez, K Ogilvie, T Chapman
	400 Free Relay	3:43.36	29-Jan-17	UVPCS	K Ogilvie, J Rambo, M Schmidt, A Gutierrez
	800 Free Relay	8:05.23	29-Jan-17	UVPCS	M Schmidt, A Gutierrez, B Fitzpatrick, K Ogilvie
	200 Medley Relay	1:50.55	2-Mar-17	UVPCS	B Fitzpatrick, M Schmidt, K Ogilvie, A Gutierrez
	400 Medley Relay	4:04.02	29-Jan-17	UVPCS	J Rambo, M Schmidt, K Ogilvie, A Gutierrez
15-17	50 Free	23.36	3-Mar-18	ISC	Brian Ni at 2018 Swim BC Tier II - Winter Championships
	100 Free	51.07	4-Mar-11	ISC	Keegan Zanatta at TAS BC Short Course AAA Championships
	200 Free	1:47.76	27-Aug-09	IS	Jeremy Bagshaw - BC Record
	400 Free	3:47.59	5-Dec-15	ISC	Rafael Davila
	800 Free	7:53.65	6-Dec-15	ISC	Rafael Davila
	1500 Free	15:04.00	1-Jan-06	IS	Ryan Cochrane - BC record
	50 Back	25.36	24-Aug-09	UVPCS	Nicholas Sinclair
	100 Back	54.61	24-Aug-09	UVPCS	Nicholas Sinclair - BC record
	200 Back	1:55.09	24-Aug-09	UVPCS	Nicholas Sinclair - Cdn record
	50 Breast	27.60	18-Dec-16	ISC	Joshua Young at Ontario Junior International
	100 Breast	1:00.34	16-Dec-16	ISC	Joshua Young at Ontario Junior International
	200 Breast	2:11.66	17-Dec-16	ISC	Joshua Young at Ontario Junior International
	50 Fly	24.40	20-Jul-16	UVPCS	Lucas Tyler at Time Trials
	100 Fly	54.54	6-Dec-15	UVPCS	Lucas Tyler
	200 Fly	1:59.00	3-Apr-11	IS	Alec Page - BC Record
	100 IM	59.60	23-Jun-18	DST	Oliver Castle at June Jamboree
	200 IM	2:01.53	18-Dec-16	UVPCS	Joshua Young at Ontario Junior International
	400 IM	4:18.74	4-Mar-11	IS	Alec Page
	200 Free Relay	1:35.03	26-Feb-09	IS	G Repp, C Dagnall, T Milne, J Bagshaw
	400 Free Relay	3:28.65	4-Mar-10	IS	K Zanatta, J Bagshaw, T Milne, A Page
	800 Free Relay	7:31.76	3-Mar-11	IS	T Milne, W Brothers, A Page, KZanatta
	200 Medley Relay	1:45.60	2-Mar-18	ISC	G Pardo-Figueron, M Clavelle, A Phillips, B Ni
	400 Medley Relay	3:49.17	3-Mar-16	ISC	
15 & O	50 Free	21.88	11-Mar-09	IS	Matt Rose
	100 Free	48.27	11-Mar-09	IS	Stefan Hirniak
	200 Free	1:43.29	8-Sep-09	IS	Blake Worsley
	400 Free	3:39.10	6-Aug-09	IS	Ryan Cochrane - Cdn. record
	800 Free	7:38.44	7-Dec-14	ISC	Ryan Cochrane at FINA: 12th World Short Course Championships
	1500 Free	14:23.35	7-Dec-14	ISC	Ryan Cochrane at FINA: 12th World Short Course Championships
	50 Back	23.95	13-Mar-09	IS	Matt Rose - BC record
	100 Back	53.47	27-Nov-03	IS	Sean Sepulis

**UVic - Pacific Coast Swimming Assoc.****RECORDS VIR Record**

15 & O	200 Back	1:55.09	<b>24-Aug-09</b>	UVPCS	Nicholas Sinclair
	50 Breast	27.60	<b>18-Dec-16</b>	ISC	Joshua Young at Ontario Junior International
	100 Breast	1:00.34	<b>16-Dec-16</b>	ISC	Joshua Young at Ontario Junior International
	200 Breast	2:11.66	<b>17-Dec-16</b>	ISC	Joshua Young at Ontario Junior International
	50 Fly	23.60	<b>20-Feb-09</b>	RAC	Kelly Aspinall
	100 Fly	51.98	<b>7-Aug-09</b>	IS	Stefan Hirniak
	200 Fly	1:53.43	<b>8-Aug-09</b>	IS	Stefan Hirniak - Cdn Record
	100 IM	55.61	<b>26-Nov-06</b>	IS	Matthew Rose at Bell Grand Prix
	200 IM	1:58.29	<b>2-Nov-14</b>	ISC	Alec Page
	400 IM	4:07.34	<b>10-Aug-13</b>	VASC	Alec Page
	200 Free Relay	1:33.77	<b>1-Feb-05</b>	IS	R Say, T Zochowski, C Ralph, R Alexander
	400 Free Relay	3:18.64	<b>11-Mar-09</b>	IS	S Hirniak, M Rose, J Bagshaw, R Cochrane
	800 Free Relay	7:10.27	<b>12-Mar-09</b>	IS	S Hirniak, J Bagshaw, R Pickerl, R Cochrane - Cdn. record
	200 Medley Relay	1:42.10	<b>14-Nov-15</b>	UVPCS	
	400 Medley Relay	3:43.11	<b>22-Feb-18</b>	UVIC	J Zakala, B Espersen, E Jensen, B Mallender